

More control over your **HEALTHCARE**

Direct Access Laboratory Testing (DALT) is part of a wellness program that is offered by McKenzie Health. This service provides the option to order selected lab tests on your own, from a limited DALT menu, without a physician's order, providing more freedom to monitor your own health.

While DALT is a helpful tool, it should not be used as a substitute for visiting with a health care provider on a regular basis. The laboratory results of DALT require additional expert interpretation and do not substitute for medical advice, diagnosis, or treatment, which should be based on your physician's professional judgment, including his/her review of your test results, the findings of physical examination, and the review of your personal and family medical history.

If you don't have a personal physician, the McKenzie Health Laboratory can provide you with a list of local physicians/medical providers and their clinic phone numbers, so you can choose a physician/medical provider and make an appointment with him/her to discuss the significance of your test results.

DALT laboratory results are sent to MyChart. You are responsible for distribution of your reports to your physician and for scheduling a follow-up appointment to discuss your results with your physician.

Urgent/Emergent Results: The client purchasing DALT services understands that DALT services are not appropriate for urgent or emergent needs.

SCHEDULING YOUR DALT

Appointments and referrals are not necessary. You may walk in at the Main Entrance and register for your tests.

🕒 Lab Hours - 8 a.m. to 5 p.m.

📞 701-444-8610



McKenzie  **Health**

📍 McKenzie Health Center
301 12th St. SE
Watford City, ND

📞 701-444-8840

🌐 [McKenzieHealth.com](https://www.mckenziehealth.com)

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**DIRECT ACCESS
LABORATORY
TESTING**



AVAILABLE TESTS

Direct Access Laboratory Testing - an affordable way to monitor your health.

McKenzie Health offers the option to order selected lab tests on your own from a limited DALT menu and without a physician's order.

FAQS

Will I need special preparations or instructions for any of the testing?

For most of the tests, you will not need special preparations. However for some tests, fasting is recommended. A 12-hour fast is recommended for the Blood Chemistry, Lipid Panel, Women's Health Panel, Men's Health Panel, to obtain the most accurate results. If you have questions about what fasting involves, call the Laboratory at (701) 444-8610.

How will I receive my results?

We recommend using MyChart to receive your results. However, if you do not have access to MyChart, results can be mailed to you or you may pick them up in person by bringing your photo ID to McKenzie Health Records at 709 4th Ave NE, Watford City, ND.

Any abnormal results will be flagged by L – for Low and H – for High. It is recommended that you consult your physician or medical provider to discuss these results. Any medical follow-up appointments needed in response to the DALT results will need to be scheduled

PRICES

SCREENING/WELLNESS PANELS	PRICE
General Wellness Panel – <i>Fasting recommended</i> Includes CMP, CBC, Lipid Panel, TSH	\$50.00
Men's Health Panel – <i>Fasting recommended</i> Includes CMP, CBC, Lipid Panel, Total Testosterone, PSA, TSH, A1c	\$100.00
Women's Wellness Panel – <i>Fasting recommended</i> Includes CMP, CBC, Lipid Panel, Progesterone, Iron and Total Iron Binding, TSH, A1c	\$100.00
Comprehensive Metabolic Panel (CMP) (Included in Health Panel)	\$15.00
Iron Panel Includes Iron, Total Iron Binding	\$15.00
Lipid Panel (Cholesterol, Triglyceride, LDL, LKL) – <i>Fasting recommended</i> (Included in Health Panel)	\$15.00
MMR Immunity Panel Includes Measle, Mumps, Rubella	\$70.00
Thyroid Antibody Panel Includes Thyroglobulin antibody, Thyroid peroxidase antibody	\$60.00
Thyroid Panel Includes TSH, FT4	\$30.00

ADDITIONAL TESTS	
Blood Typing (ABO, RH)	\$25.00
CBC with Auto-Differential (Included in Health Panel)	\$10.00
Chicken Pox Immunity (Varicella Zoster Antibody)	\$25.00
Estradiol	\$30.00
Folic Acid	\$15.00
Hemoglobin A1c (HgA1c)	\$15.00
Liver Panel	\$15.00
Luteinizing Hormone	\$20.00
Progesterone	\$15.00
Prostate Specific Antigen (PSA) Men only	\$15.00
Testosterone Total Men only	\$15.00
Thyroid Stimulating Hormone (TSH) (Included in Health Panel)	\$15.00
Urine Pregnancy Screen Women only	\$15.00
Urinalysis	\$20.00
Vitamin B12	\$15.00
Vitamin D	\$15.00

by you with your medical provider. If you do not currently have a medical provider, you are welcome to visit McKenzieHealth.com and click on the Health Services menu for a list of local medical providers and their contact phone numbers.

Can I arrange to have the McKenzie Health Lab share my test results with my personal physician?

Yes. Your physician can access your lab testing results through your EHR (electronic health record) should you choose.

What if testing yields critical results that are potentially dangerous or require immediate attention?

It is mandatory that you provide a contact telephone number when completing your test requisition/order. If a result is obtained by the Laboratory that would require immediate medical attention (a critical result or alert result), you will be called at the telephone number you have provided and asked to immediately contact a physician, such as your personal physician or an emergency room physician. It is your responsibility to follow up accordingly.

What if I become ill or have problems after the lab blood draw, such as experiencing pain, bruising or prolonged bleeding at the venipuncture site?

If you experience any ill effects after the lab blood draw (pain, bruising or prolonged bleeding), you should immediately contact your physician or an emergency room physician.

What if I experience ill effects from a treatment I receive from my physician, based on the information provided by this program?

McKenzie Health agents, Laboratory staff/employees, Laboratory directors, and any volunteer personnel involved in this program are not liable for ill effects or poor outcomes of treatment, or lack of treatments, you receive, or don't receive, from your physician based on the results of this program.