



# ANNUAL REPORT

2024











#### MEANINGFUL GROWTH

McKenzie Health has continued to expand services, adding specialists across multiple areas and growing departments to meet the needs of our region.

We are particularly excited about the continued growth in our obstetrics and pediatric departments, including speech and occupational therapy, and more.







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As we close another year, I am excited to share our organization's progress, acknowledge the challenges we've faced, and look ahead with confidence. This year has seen meaningful growth across all areas of our hospital, positioning us to continue our mission of providing exceptional care for our community.

#### EXPANSION AND SERVICE REALIGNMENT

We proudly expanded our services, adding specialists across multiple areas, including cardiology, anesthesia, radiology, family medicine, general surgery, obstetrics, nephrology, oncology, pediatrics, pain management, and pulmonology. We also welcomed a full-time pharmacist, pharmacy technician, and respiratory therapist. Additionally, we relocated our former urgent care to our main campus, where it now operates as a walkin clinic within the rural health clinic, providing seven-day-a-week access to medical care.

To support community athletic programs, we recruited a sports medicine director who is assembling a team of athletic trainers to aid local school athletics and independent programs.

#### REDUCING PATIENT TRANSFERS

Our efforts to minimize patient transfers have yielded significant results, now averaging between 14 and 22 transfers per month. With a 24/7 on-call team of surgeons, obstetricians, and hospitalists, as well as specialists in orthopedic surgery, ENT, and urology, we are increasingly able to treat complex cases locally. This has led to an enhanced trauma designation (Level 4) from North Dakota's state authority, underscoring our commitment to keeping our patients within our community.

#### FACILITY DEVELOPMENTS

This year, we purchased and leased new facilities, expanding our reach and enhancing patient care. Our Williston Health Center now provides imaging, family medicine, specialist consultations, and six-day-a-week urgent care. Residents of Williston and Williams County now enjoy expanded access to orthopedic care and seamless referrals to our main campus.

In Watford City, we acquired the former Cornerstone Bank building. This space will soon house an advanced infusion and oncology center, expected to open by spring 2025. Until then, hematology and oncology services will operate at temporary locations. We're also developing a six-station hemodialysis clinic, which we aim to open by Fall 2025, resolving a critical need for our community.

Additionally, we are addressing space needs for our overextended occupational, physical, and speech therapy services, planning a build-out of leased space to support these therapies. A new two-bed ICU is also in development, enhancing our ability to provide high-level care close to home.

#### CONSTRUCTION AND REMODELING EFFORTS

To address our storage limitations, we repurposed an unfinished space under the Horizon building. Further, a local petroleum company donated a modular building that we're converting into office space, freeing up essential room within the hospital.

#### ASSISTED LIVING AND LONG-TERM CARE

Horizon Assisted Living is currently at full capacity with a waiting list. As tenants transition out (most moving to Good Shepherd

Home), we are systematically upgrading units by replacing carpet with laminate flooring, repainting, and completing necessary maintenance. Thanks to generous donor support and strong donor relations, Horizon's central kitchen and dining area received a comprehensive remodel, significantly enhancing the environment for our residents.

After a sustained census drop, we adjusted the capacity at Good Shepherd Home to 36 to maintain optimal reimbursement rates. This adjustment led to increased demand, resulting in a waiting list, and the census has remained consistently near capacity. Our annual, unannounced state survey in July yielded excellent results, reflecting the dedication of our leaders and staff to quality care, fall prevention, and infection control, particularly as we continue managing recurrent COVID-19 outbreaks.

Recent donor-funded projects include the expansion of the chapel, the installation of a year-round greenhouse with heated sidewalks, and a reconfiguration of the drive and parking lot between Good Shepherd Home and Horizon Assisted Living, adding approximately 30 new parking spaces. This strong donor support speaks to the relationships and trust fostered within the community by our Benefit Fund of McKenzie Health President.

#### FINANCIAL PERFORMANCE

Our revenue has increased significantly over the past two years, with continued growth expected as new providers and services reach their full potential. Rigorous cost control measures, along with record-breaking charitable contributions, have supported essential capital projects and equipment upgrades.

#### CHALLENGES AND OUTLOOK

This year presented notable challenges, including the sudden loss of our full-time obstetrics provider. Thanks to our team's

swift response, we maintained obstetric services with only minimal disruption. Staffing remains an ongoing concern; we are addressing this through a range of strategies, including incentives and exploring international recruitment.

The lack of affordable housing is another critical challenge affecting our recruitment efforts. With limited housing options and high costs, we're actively exploring solutions to ease this burden for our staff.

#### LOOKING AHFAD

As we enter the new year, we are focused on creating a supportive work environment with competitive compensation and professional growth opportunities. We aim to address space and housing issues, consolidate services for efficiency, and invest in essential technology upgrades. Our priority remains delivering the highest quality care to our community.

Thank you for your dedication and resilience. Together, we will build on our successes and navigate the challenges ahead for the benefit of our patients and community.

Sincerely,

Peter D. Edis, MS, FACHE Chief Executive Officer













I recently had a meeting with one of our "experienced" drug representatives from Bismarck who anecdotally commented that we have come an awful long way from the old clinic and hospital!

McKenzie Health has become a beacon of hope, a "Rural" center for medical health care "excellence" and a model that is as unique as it is commendable!

Our providers hail from all over the country; they are employed by McKenzie Health and are an integral part of our community. Our guiding principle or Credo is simple yet powerful: We strive to meet our patients' expectations to the best of our ability. We treat everyone as we would like to be treated ourselves, and most importantly, everyone contributes to the vibrant tapestry of healthcare solutions.

I am constantly reminded that to this end, McKenzie Health has created a culture of collegial friendship and mutual respect. We have also created a self-perpetuating recruitment cycle. Satisfied staff members become ambassadors for our organization attracting top talent to our community. We literally have doctors and mid-level providers asking us to "interview" for jobs at McKenzie Health.

It has taken a lot of people hours of organized multitasking, dedicated sub-tasking and the fortitude to follow through on good ideas that are often incredibly difficult to implement.

I am profoundly grateful to our administrative and financial groups for bringing to fruition my dreams for Watford City. I can still vividly remember, 15 years ago, presenting my papers on rural health to the Dean of Medicine, the CEO of Altru and the former Lieutenant Governor Lloyd Omdahl for recruitment and retention of doctors in North Dakota.

Since our last year's report, we have opened up the McKenzie Health Center in Williston, with urgent care, family practice, interventional radiology, routine radiology, orthopedics, and newly added general surgery.

McKenzie Health, with all the changes, now has 50 doctors, 30 mid-level providers and 165 Tele-specialists credentialed to provide care in Watford City. We have over 400 employees in our system.

We have added oncology, cardiology, pain management, respiratory therapy with pulmonology, and dialysis on the horizon.

The state recently performed a site visit for Trauma Level 4 Certification, another level up from our current Level 5. They also recently reviewed our ER performance with glowing feedback.

There is just so much happening at McKenzie Health that I am going to save some for next year's report! Until then - A wise Doctor once said, "Listen to your patients. They will tell you what is wrong with them."

Have a safe and healthy 2025.

Dr. Gary Ramage, MD Chief of Staff, McKenzie Health







## **McKenzie Health Providers**



**DR. ROBERT BATES**UROLOGIST



CHAD BOWEN, PA
URGENT CARE



**LEAH BREWSTER, DNP**ORTHOPEDICS



DR. RALPH CEPERO OTOLARYNGOLOGIST/ENT



DR. W. THOMAS COOMBE OTOLARYNGOLOGIST/ENT



**DR. LUKE CUTHERELL**GENERAL SURGEON



**DR. PAUL DEARING**GENERAL SURGEON



**DR. ANDREA DIMICHELE-MANES**ORGYN



ANGELA EKBLAD, FNP-BC ORTHOPEDICS



NICK FINLINSON CRNA



DR. J. WACO GOODNIGHT
PEDIATRICIAN



**ROBYN GUST**EXERCISE PHYSIOLOGIST



**LYNLY HEBERT**OCCUPATIONAL THERAPIST



JESS HEGGEN-COMEAU, FNP-BC FAMILY MEDICINE



DR. RICHARD HOWARD
CARDIOLOGIST



**DR. SARAH ISRAELSON** FAMILY MEDICINE

## **McKenzie Health Providers**



**DR. LESZEK JASCZAK** RADIOLOGIST



**DR. RAVINDRA JOSHI** ORTHOPEDIC SURGEON



KARA KALBERER PHYSICAL THERAPIST ASSISTANT



DR. BEN KAZIM
HOSPITALIST



JADE KELLING, DNP
PAIN MANAGEMENT



DANIELLE KIEDROWSKI CRNA



**DR. LEE KIEDROWSKI** FAMILY MEDICINE



KATIE KOVAR CRNA



**KELSEY KUEHN**SPEECH THERAPIST



DR. LINDSAY LEVEILLE FAMILY MEDICINE



**DR. JOHN LUDLOW** UROLOGIST



DR. JESSICA MASTRAPA HOSPITALIST











**DR. EDWIN MCGROARTY** FAMILY MEDICINE



**DR. LUCINDA MUNDORF** INTERNAL MEDICINE



**DR. ENDER RAGHIB**PEDIATRICIAN



**DR. GARY RAMAGE** FAMILY MEDICINE



**JESS ROBINSON** PHYSICAL THERAPIST



**COREY SAMUELSON**PHYSICAL THERAPIST



**BROOKE SANFORD**OCCUPATIONAL THERAPY ASSISTANT



KELSEY SEDERQUEST, PA URGENT CARE



TREVOR THORPE CRNA



**DR. TRACY TOMJACK**SPORTS MEDICINE



**DR. CAROL UHLMAN** OBGYN



KRISTA ULMER, PA
WALK-IN CLINIC + UROLOGY



**DR. STEPHEN VANWYLEN** THORACIC & GENERAL SURGEON



**RILEY VEIS**PHYSICAL THERAPIST



ANNA WOLF, DNP-C, APRN FAMILY MEDICINE



# The DAISY Award

#### HONORING EXTRAORDINARY NURSES

Sending congratulations and thanks to 2024 honorees Chantal Bane, RN, of the McKenzie Health Labor & Delivery team and Laura Olson, Nurse - Good Shepherd Home!

The award is part of the DAISY Foundation's programs to recognize the super-human efforts nurses perform every day. Thirty nominations were received for this selection cycle. This recognition is celebrated twice a year – May and December.

"One of the many highlights of being CEO is having the opportunity to recognize our dedicated and talented employees, said Pete Edis, CEO of McKenzie Health. "Congratulations to Chantal and Laura for their outstanding contributions to McKenzie Health and most importantly, to the people that depend on rural healthcare."

#### LAURA OLSON

Laura was recognized for her compassion for others, attention to detail, and heartwarming relationships she builds with those around her.

"Laura provides such good care for the residents in the nursing home," stated one nomination. "She has a happy demeanor day in and day out, is very knowledgeable and gets things done promptly."

"I am thrilled that McKenzie Health has joined the over 6,0000 healthcare facilities to offer this to the nurses that work at our facility," said Cheryl Faulkner, Director of Nursing. "I am pleased that Laura is our first recipient in this celebration and recognition of our nursing staff."





Niki Kirkland, Director of Nursing for the Good Shepherd Home, added, "Laura is the perfect example of an exceptional nurse. Her work ethic and dedication to our residents is beyond anything I have witnessed in my 26 years in healthcare. It is a pleasure and honor to observe her interactions with the residents and staff with empathy and compassion."

#### CHANTAL BANF

Chantal was recognized for her unwavering care and dedication. One nomination stated, "Saying 'thank you' doesn't feel like enough. I really enjoyed your care and attention. Your guidance, care, and compassion helped more than you know. We will always remember what you did for us. You hold a special place in our hearts."

Ellen Augustine, RN and Interim Obstetrics Manager, said, "Chantal exemplifies the type of nurse that has an unwavering dedication not only to her moms and babies, but to the department and the hospital. I appreciate her nurturing hands and heart. She not only tends to the needs of her patients but also uplifts her co-workers, shares her knowledge, and fosters a culture of compassion and unity within our team."

**Photo top right:** The May 2024 DAISY Award was presented to Chantal Bane (second from left).

**Photo left:** The December 2023 DAISY Award was presented to Laura Olson (second from left).



#### **NOMINATE A NURSE ONLINE**

You can nominate a nurse online by scanning the QR code with your phone or visit McKenzieHealth.com/daisy-award-nomination



## The BEE Award

# HONORING EXTRAORDINARY HEALTHCARE PROFESSIONALS

Theresa Martin, Patient Registration at McKenzie Health, is the first-ever recipient of the BEE Award – Being Excellent Every Day. The award is offered to any professional who is not a nurse, and nominations can be submitted from patients, family, community members, or staff.

The BEE Award is provided in conjunction with the DAISY Award for nurses. Twenty-one (21) nominations were received for this selection cycle. BEE and DAISY Award recognition is celebrated twice a year – May and December.

The nomination submitted about Theresa read: "Theresa's cheerful tone and interactions with patients is something amazing. She is kind and considerate when it comes to patients and is always willing to help. I have seen her go so far as to sit with a patient in the waiting area because they are nervous or unsure of what is going on. In this field you come across so many people from all walks of life and to see the genuine smile on her face to everyone is astounding. She never judges nor meets energies that might be unpleasant. She is consistent in how she represents

our registration staff. I would love for her to receive this award to show just how amazing she is."

Jennifer Wolfe, Patient Access Manager, said, "I could go on and on about Theresa. She is reliable, dependable, and efficient, but more than that, she is kind and caring toward all of our patients. She makes a personal effort to see that every patient that walks in our doors is treated as if they were family. She truly is a joy and an asset to our patient access team!"

Pete Edis, CEO of McKenzie Health, added, "One of the many highlights of being CEO is having the opportunity to recognize our dedicated and talented employees. Theresa was nominated and selected by her peers for the BEE Award, which makes the honor that much more special. Congratulations to Theresa for her outstanding contributions to McKenzie Health and most importantly, to the people that depend on rural healthcare."



#### **NOMINATE A HEALTHCARE PROFESSIONAL**

You can nominate a healthcare professional online by scanning the QR code with your phone or visit **McKenzieHealth.com/bee-award** 





#### BENEFIT FUND OF

# McKenzie Health

As I reflect on the past year, I am filled with immense gratitude and pride for the remarkable progress we have achieved together at the Benefit Fund of McKenzie Health. It has been a year of unprecedented challenges and inspiring triumphs, all of which have reinforced the importance of our mission and the unwavering dedication of our community.

#### ADVANCING OUR MISSION

Our mission to support McKenzie Health in delivering exceptional healthcare services has never been more critical. This year, we have expanded our efforts to ensure that our patients and their families receive the highest level of care, comfort, and compassion. With your generous contributions, we have been able to invest in state-of-the-art medical equipment, enhance our patient care programs, and support vital initiatives that are shaping the future of healthcare.

#### COMMUNITY ENGAGEMENT AND SUPPORT

The strength of the Benefit Fund lies in the collective commitment of our donors, volunteers, and partners. This year, we saw a record level of community engagement through our fundraising events, outreach programs, and partnerships with local businesses and organizations. These efforts have not only raised essential funds but have also brought us closer to the community we serve, reinforcing the bond between McKenzie Health and the people we care for.

#### FINANCIAL STEWARDSHIP AND TRANSPARENCY

We take our responsibility as stewards of your contributions very seriously. I am proud to report that this year, we maintained our commitment to financial transparency and accountability. Our rigorous oversight and prudent management of funds have ensured that every dollar raised is used efficiently and effectively to further our mission. We are committed to maintaining the

trust you place in us and to demonstrating the impact of your generosity.

#### LOOKING AHEAD

As we move forward, we remain focused on our strategic priorities: enhancing patient care, investing in innovative healthcare solutions, and expanding our outreach to underserved communities. The coming year will bring new opportunities and challenges, but I am confident that with your continued support, we will rise to meet them. Together, we will continue to make a lasting difference in the lives of those we serve.

#### A CHANGE IN LEADERSHIP

After seventeen years of association with McKenzie Health—first with the healthcare system and then for these past years, the Benefit Fund—Daniel Kelly officially retired at the end of October 2024.

The Benefit Fund board has appointed Lynn Welker as the incoming President. Lynn is the right choice and more than capable of taking the Benefit Fund to the next level. This transition assures the ongoing growth and success of this vital organization.

#### THANK YOU

On behalf of the entire McKenzie Health family, I want to express my deepest appreciation for your unwavering support. It is your belief in our mission that drives us to excel, and it is your generosity that enables us to make a meaningful impact every day. Thank you for standing with us as we work towards a healthier future for all.

With sincere gratitude,

Daniel Kelly, DHA
President, Benefit Fund of McKenzie Health









#### **LEADERSHIP**

#### **BENEFIT FUND BOARD**

#### **RANDY QUALE**

Chair

#### **NEAL SHIPMAN**

Vice-Chair

#### **JAN DODGE**

Secretary

#### **GARY BROWN**

Treasurer

#### **LARRY LARSEN**

**Board Member** 

#### **GRETCHEN STENEHJEM**

**Board Member** 

#### **BENEFIT FUND STAFF**

#### **DANIEL KELLY**

President

#### LYNN WELKER-FEVOLD

WelkerPR

Incoming President

#### **DEB TUCKER**

Administrative Assistant

#### **PETER EDIS**

Representing McKenzie







#### REPORT FROM

# **Horizon Assisted Living**

#### What an exciting year it has been for the residents at the Horizon!

Fall is always one of the most favorite times of the year to celebrate for our residents. Every year they look forward to handing out candy during Watford City's annual Trail of Treats. Welcoming all of the trick-or-treaters into their home brings them so much joy, but when their grandchildren and great-grandchildren stop by that is the icing on the cake that makes the day extra special! The residents always make sure to remember the staff when handing out candy so taking a little walk through the halls is something they also enjoy whenever they get a chance. They are very thankful for the people who care for them.

November 2023 was extra special with the Horizon participation in the Giving Tuesday event. All the residents came together to take part in an event to raise money to remodel the Horizon kitchen, and it was beautiful. While preparing for this event lots of discussions were had about how the kitchen is truly the heart of the home, your most valuable room. The kitchen is where you gather with loved ones, not only to share a meal but to play games, pray, and share stories with family and friends. The Horizon residents were very grateful to take part in this event and to all the donors that contributed.

As we swiftly moved into the holiday season, and I say swiftly because it sure seems like it comes faster every year, the Horizon residents enjoyed one of their favorite outings, the Magical Medora Christmas show held at the Watford City High School. Special guests Faye and Carla helped our residents make lefse and the Health Science Careers Class helped decorate Christmas cookies. With the Horizon filled with holiday cheer and beautiful Christmas decorations, we were once again able to invite friends and family in for a fabulous open house event. The open house

included music by Meadowlark, delicious holiday food, and celebration filling our hearts with joy.

What better way to celebrate the new year than with a special cook to order brunch and a New Year's Eve party. 2024 is now on its way!

February brought us all together for a few exciting events. First, we had a very fun Super Bowl Party that included a delicious baked potato bar, and every resident weighing in on their prediction. Next, we once again welcomed the Health Science Careers Class to help us decorate Valentine's Day cookies. Let us not forget a walk down Bourbon St. with a traditional Mardi Gras Party that included a king cake and all the beads! We couldn't say goodbye to February without telling you about our Hula in the Coola Party. Sometimes our winters can be long and cold, so why not have a Luau in February to make us feel a little warmer? Something else the Horizon residents are very thankful for is being able to attend the concerts put on by the Long X Arts Foundation. In February they attended the Divi's 3 concert, and it was amazing!

In March, the residents were excited to tour the Bakken Area Skills Center, say hello to spring with a watercolor painting, coloring easter eggs with the Health Science Careers Class, and each resident made a quilt square for a baby blanket they were working on.

April had the residents excited that spring was in the air, and they were ready to get out and about. The first outing took us to the Long X Art Visitors Center to take in the beautiful quilt show which was something they absolutely loved! Many Horizon residents have or still do practice the art of quilting. Next was a lunch outing to the Missouri Grill. We also took in a shopping and lunch trip to Williston in April.

May was a hoot as we kicked off the month by celebrating the Kentucky Derby. The Horizon residents enjoyed Kentucky Hot brown sandwiches, mint juleps, and lots of other treats, had fun picking the winning horse, took part in their own horse races and had their very own fancy hats. Next, we had to celebrate "try something new day" by trying something new... Chicken & waffles, asparagus soup, Boba, spring rolls and the game Boop. All were things that our residents have never tried. We thought there was no time like the present, so we tried them all and had a blast. Syttende Mai is a very special day to the Horizon family and this year we celebrated it with a trip to 1st International Bank and the Heritage Park. The residents enjoyed all of the traditional Norwegian foods, treats and singing. May came to a perfect end with a Tea Party celebrated with family and friends.

June found us out and about again, starting with a very popular lunch outing to Tobacco Gardens. The residents always enjoy the drive and scenery as much as they enjoy Peggy's fabulous hospitality and food. Next was a trip to the McKenzie County Fair, a drive to Teddy Roosevelt National Park, and a trip to 4-Bears Casino.

July couldn't come fast enough. With July came what we had all been waiting for - the remolding of the Horizon kitchen was set to begin! We also enjoyed having coffee with the cops, an outing to the Missoula Children's Theatre presentation of Pinocchio, an outing for ice cream, visited the new Merc, and another trip to 4-Bears Casino.

With the remolding of the kitchen/dining room going on, we are limited to what we can do within the Horizon, but we didn't let that stop us from getting out and about in August. The residents took a road trip to Williston for lunch and some shopping, went to Stonehome Pizza to practice the art of throwing pizza dough in the air, took a drive across the countryside to the popular Powder Keg Pizza in Fairview, and let us not forget another trip to 4-Bears Casino. By the end of the month our kitchen remodel was completed, so we celebrated with our very own in-house Ribfest with all the fix'ns that go with ribs. It was amazing. Thank you again to the donors that made this project possible!

September brings us to another favorite celebration, National Assisted Living Week. National Assisted Living Week was kicked off by a celebrational brunch on Grandparents Day. This was the first time many of the Horizon residents' family and friends were able to experience our new kitchen and space. A special brunch and treats were cooked by the Horizon staff followed by wonderful music played by Meadowlark. We had a fabulous turnout. Next, we entertained the Watford City Police Department with paper airplane races along with coffee with the cops and ended our National Assisted Living Week with a fall art project with Jess for the Long X Arts Foundation.

It definitely has been another fun-filled year, and we at the Horizon look forward to many more to come!

Arron Turnquist,

**Manager, Horizon Assisted Living** 

















#### REPORT FROM

# **Good Shepherd Home**

At the Good Shepherd Home, we have had another busy year filled with fun, meaningful and engaging activities with our residents. We pride ourselves in making sure no day is ever the same, and we love making long-lasting memories with our residents.

Below are just some of the highlights of the things we've done this past year.

- Homecoming Pep Rally with WCHS and Jeff Schwartz and the class of 1975 being inducted in the Watford City High School Hall of Fame
- Donuts with McKenzie Electric
- Groundbreaking Ceremony for the Good Shepherd Home Chapel, Courtyard, and Greenhouse
- · Trail of Treats
- · Veterans Day Celebration
- · Adopt-a-Resident
- McKenzie Electric Blanket Drive
- · Super Bowl Party
- · Visits from WCHS Health Careers Class
- · Fat Tuesday Mardi Gras Celebration
- Valentine's Day Party and Crowning of Valentine's Day Royalty
- · WCHS Girl's Basketball Team Send-Off
- St. Patrick's Day Party
- BINGO with our Friends from Providence House
- · GSH and Lions Easter Egg Hunt

- Easter Egg Dying
- · Delivering May Day Baskets Around Town
- · Planting our Flower Garden
- · Planting our Vegetable Garden with FFA Students
- · Wolf Pup Preschool BINGO
- · Mother's Day Tea Party
- · Disco Dance Party
- · Synttende Mai
- · Nursing Home Week Celebration
- Private showing of End of the Rope
- · Puppy Visits
- Memorial Day Service
- · McKenzie County Fair Parade
- First Day of Summer Celebration
- Father's Day Celebration
- Celebrating Dora's 103rd Birthday
- · Patriot's Day Celebration and Honor Quilt Presentation
- · Bloomberry Farms Flower Arranging
- · Long X Arts Foundation Clay Pot Making
- · Crowning of GSH's First Annual Homecoming Royalty
- Celebrating Olga's 105th Birthday

#### **Kristin Rhone, Activity Director**





















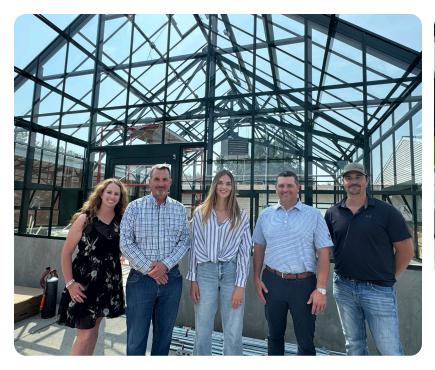






SEE MORE OF WHAT OUR RESIDENTS ARE DOING!

Follow us at Facebook.com/McKenzieHealth and Instagram.com/MCHSRuralHealth to see more activities and programs hosted for our residents!



# \$2.3 MILLION EXPANSION OF GOOD SHEPHERD HOME CHAPEL, COURTYARD AND GREENHOUSE TO BE COMPLETE DECEMBER 2024

**-Lynn Welker-Fevold,** President Benefit Fund of McKenzie Health



Folding glass wall adds a modern, stylish touch while offering two spaces.



**Photo:** ConocoPhillips (left) generously contributed toward the greenhouse project.

#### Soon Good Shepherd Home residents and Horizon tenants will enjoy new amenities thanks to around 150 donors.

The serene chapel offers a tranquil space for reflection and spiritual connection, accommodating people of all faiths and beliefs. Its calming design and inclusive approach make it a cornerstone for emotional support during challenging times.

Complementing the chapel, the greenhouse brings nature indoors, providing a vibrant environment for therapeutic activities and relaxation. The space encourages engagement with gardening and natural light, promoting mental and physical health.

Between the chapel and greenhouse lies a courtyard with modern gazebo space. Residents can enjoy fresh air, fun get-togethers, and outdoor activities.

These additions exemplify McKenzie Health's commitment to holistic care, blending innovative healthcare with supportive spaces that nurture the body, mind, and spirit.



Myron and Marcia Hovet donated a beautiful piano to the newly remodeled and expanded chapel.



# \$92,240 RAISED TO SUPPORT HORIZON KITCHEN & DINING ROOM REMODEL PROJECT

"The long-anticipated kitchen and dining room remodel project officially came to life in August 2024, marking the culmination of nearly a year of meticulous planning, dedicated fundraising, and teamwork. This transformative project was made possible thanks to the collective generosity and hard work of donors, contractors, and leaders alike."

**-Lynn Welker-Fevold,** President Benefit Fund of McKenzie Health

#### **FUNDRAISING SUCCESS**

In November 2023, the Benefit Fund of McKenzie Health reached a significant milestone: raising the full \$92,240 needed for the remodel. This incredible achievement was supported by 31 generous donors who believed in the vision for a refreshed and functional space.

#### PLANNING AND PROGRESS

Project fundraising and management was overseen by Lynn Welker-Fevold. Next steps involved a detailed walkthrough with Sanford Construction, led by Steve Sanford, in January 2024. By April, the kitchen layout was finalized thanks to the collaborative efforts of Steve, Arron Turnquist, and Lynn. That same month, key upgrades like ordering cabinets and appliances, as well as replacing outdated fluorescent lights with modern canned lighting, laid the groundwork for the upcoming transformation.

Construction began in June 2024 with flooring work, followed by kitchen construction on July 17. Cabinets arrived on July 23, and new flooring was installed in the dining room on August 7. The remodel came together quickly and efficiently, staying on schedule.

#### COMPLETION AND CELEBRATION

The remodel was completed on August 21, and residents gathered two days later to enjoy the first meal in the newly revitalized kitchen and dining room. The updated space now offers a welcoming environment for meals, gatherings, and memories for years to come.

#### SPECIAL THANKS

This project would not have been possible without our very generous donors and outstanding contributions of Steve and Arron. Steve's exceptional craftsmanship and dedication ensured a top-quality outcome, while Arron's remarkable leadership and creativity was important for parking mitigation during construction, keeping residents and families informed, ordering appliances for need, style and longevity, and hosting a fabulous first meal in the new space.

Thanks to the collective efforts of all involved, the remodeled kitchen and dining space stands as a testament to the power of community and the impact of shared vision.

#### REPORT FROM THE

# Connie Wold Wellness Center

#### The early bird gets the worm...in 2024 our facility has been used 11,724 times before 5 AM!

The Connie Wold Wellness Center is in the business of being well and our numbers continue to trend in an upward direction. People enter our facility to begin, achieve, and maintain a fitness lifestyle. Our membership is made up of all ages and fitness levels who utilize our facility to achieve a better quality of life.

We have seen growth within our Therapy Department with the addition of Speech and Pediatric Physical Therapy. Children have definitely made for a lively and fun atmosphere here, and we enjoy getting to see them every day.

Our summer youth program, "Run Like a Girl", sponsored by J & A Oilfield Services had another great summer. Approximately 30 girls ranging in age from 5 to 11 learned lessons in fitness, running, self-esteem, goal setting, team building, and friendships and ended the session with a service project. This summer we painted our fourth mural with the guidance of artist/CWWC yoga and Mommy and Me instructor, Morgan Wagner. This mural can be found on the exterior wall of the



McKenzie Health Center in Watford City – please check it out!

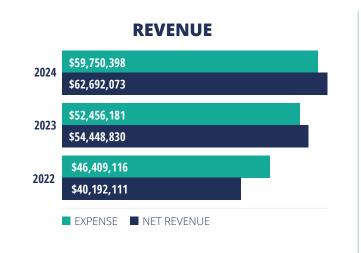
Consistency is key, and our staff strives to provide a clean and welcoming atmosphere for all who enter our doors, day in and day out. We want to see people embrace physical activity as a lifelong habit and utilize our facility to create these habits that can help them to live life to the fullest.

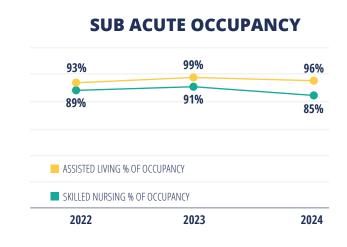
#### Tricia Sundeen, Manager

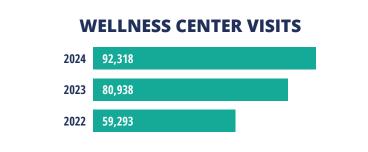


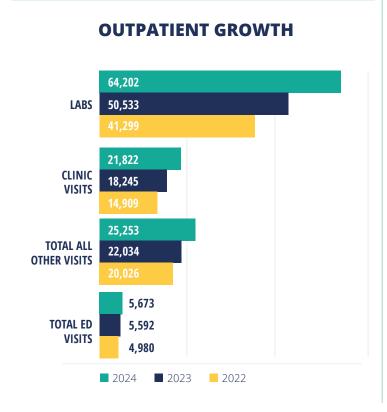


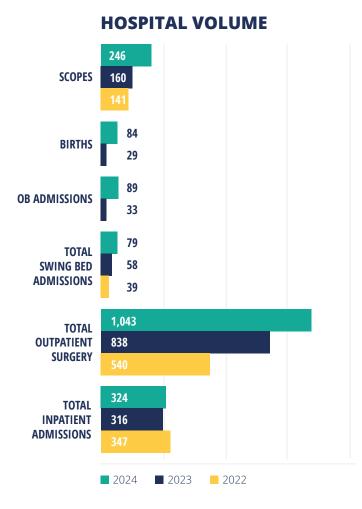
# McKenzie Health Financial Performance











# **Two-year Comparative Balance Sheet**

ASSETS	2024	2023
Current Assets		
Cash and Cash Equivalents	6,954,356	8,996,960
Receivables		
Patient and Resident	9,018,194	6,965,680
Estimated third-party payor settlements	-	34,000
Promise to Give	976,565	1,445,000
Other	219,561	659,690
Supplies	1,087,547	1,087,547
Prepaid Expenses	485,653	618,785
Total Current Assets	19,238,869	19,807,662
Assets Limited as to Use	44,607,928	33,499,316
Property and Equipment, Net	69,931,393	71,610,862
Right of Use Assets - Financing	420,319	-
Other Assets		
Long-term Investments	2,200,000	2,200,000
Promises to Give, net	3,136,424	3,924,889
Total Other assets	5,336,424	6,124,889
TOTAL ASSETS	\$139,534,933	\$131,042,729
LIABILITIES AND NET ASSETS		
Current Liabilities	. ===	
Current Maturities of Long-Term Debt	1,576,291	1,816,159
Current Portion of Lease Liabilities - Financing	161,398	-
Accounts Payables		
Trade	4,020,155	2,682,018
Estimated Third Party Payor Settlements	1,150,105	-
Accrued Expenses		
Salary and Wages	641,221	421,540
Paid Time Off	853,080	618,909
Total Current Liabilities	8,402,250	5,538,626
Long-Term Liabilities		
Long-Term Debt, Less Current Maturities and Unamortized		-
Debt Issuance Costs of \$501,712 in 2024 and \$517,391 in 2023	61,229,025	65,604,102
Lease Liabilities - financing, net of current portion	262,136	-
Total Liabilities	69,893,411	71,142,728
Net Assets		
Without Donor Restrictions	68,616,774	59,180,902
With Donor Restrictions	1,024,748	719,099
Total Net Assets	69,641,522	59,900,001
TOTAL LIABILITIES AND NET ASSETS	\$139,534,933	\$131,042,729

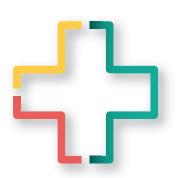
#### TWO-YEAR COMPARATIVE

## **Income Statement**

REVENUE, GAINS AND OTHER SUPPORT WITHOUT DONOR RESTRICTIONS	2024	2023
Patient and Resident Service Revenue	\$ 51,303,271	\$ 43,109,462
Other Revenue	1,328,775	1,625,819
Gain (Loss) on Disposal of Fixed Assets	60,027	(286,451)
Total Revenues, Gains, and Other Support	\$ 52,692,073	\$ 44,448,830
EXPENSES		
Salaries	21,721,939	18,202,781.00
Employee Benefits	4,455,058	4,149,271.00
Professional Fees and Purchased Services	17,496,789	13,155,226
Supplies	3,886,202	4,030,000
Repairs and Maintencance	1,073,569	1,183,538
Utilities	770,083	841,634
Insurance	422,097	410,254
Other	2,217,789	1,725,287
Interest	1,469,327	1,582,120
Depreciation and Amortization	6,237,545	7,176,070
Total Expenses	59,750,398	52,456,181
OPERATING LOSS	(7,058,325)	(8,007,351)
Other Income		
Contributions without Donor Restrictions	532,552	528,281
Contributions from County	10,000,000	10,000,000
Mineral Rights	2,112,681	3,672,685
Investment Income, Net	3,147,495)	1,152,916
Other Income, Net	15,792,728	15,353,882
Revenues in Excess of Expenses	8,734,403	7,346,531
Contributions For Capital Assests	281,533	257,167
Net Assets Released from Restriction	482,936	327,005
Change in Net Assests without Donor Restrictions	\$ 9,435,872	\$ 7,930,703







# McKenzie Health

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